

Dear families.

Hi there! My name is Al! I'm a new puppet that your child met this week. Through fun social and emotional lessons called **Al's Pals: Kids Making Healthy Choices,** your child's teacher and I are helping the children understand and express their feelings and solve problems in safe and healthy ways.

Please ask your child about me! We are learning new songs together about the ideas we're exploring—maybe you can ask your child to sing one or two. Anyway, I'll write more throughout the year to tell you about all the great learning taking place in our classroom. As I share more about our lessons, I'll also include some ways you can talk with your child at home about what they are learning at school. Talk to you soon!

Your new pal,

ΑI









Sing **Let's be Friends** from the Al's Pals Songbook by scanning this QR code.