**Settings**

In the Settings area of *MyTeachingStrategies™* you can check your messages, manage your user profile, manage your classes, access the Sandbox, toggle to a different classroom, or log out.

To access your settings, select the icon with your initials at the far right of the navigation bar.

**Manage My Profile**

To update your profile settings, select **MANAGE MY PROFILE** from the settings drop-down menu. Here you will be able to update your personal information, change your username or password, view security questions, add classes, and access your messages.

If your class and children’s records are not set up by your administrator, you may want to ask whether you need to keep any special program-specific instructions in mind as you set up.