

Trauma-Informed Practices in *The Creative Curriculum® for Texas Classroom*



There has never been a more compelling time to consider the impact of trauma on our youngest learners. PreK educators have the opportunity to infuse trauma-informed practices into their daily classroom experiences by implementing *The Creative Curriculum® for Texas*.

Trauma-Informed Best Practices	<i>Volume 1: The Foundation</i>	<i>The First Six Weeks: Building Your Classroom Community Teaching Guide</i>	<i>Getting Ready for Kindergarten Teaching Guide</i>	<i>Intentional Teaching Experiences</i>	<i>Additional Support Throughout The Creative Curriculum® for Texas</i>
Foster a feeling of safety	✓	✓	✓	✓	✓
Limit exclusionary practices	✓	✓	✓	✓	✓
Create islands of competence	✓	✓	✓	✓	✓
Give supportive feedback to reduce negative thinking	✓	✓	✓	✓	✓
Promote predictability and consistency	✓	✓	✓	✓	✓
Be specific about relationship building	✓	✓	✓	✓	✓
Employ thoughtful interactions	✓	✓	✓	✓	✓
Expect unexpected responses	✓	✓	✓	✓	✓
Teach “channel changing” and other mindfulness strategies	✓	✓	✓	✓	✓
Additional Comments From Review	“Volume 1 provides positive strategies for responding to a variety of challenging behaviors.”	“The First Six Weeks Teaching Guide is devoted to fostering a feeling of safety and building positive relationships.”	“The Getting Ready for Kindergarten Teaching Guide addresses feelings of anxiety related to transition for children, their families, as well as the teacher.”	“The Intentional Teaching Experiences intentionally support the SEL Texas Prekindergarten Guidelines and are re-visited throughout the school year for young children to practice these skills and strategies.”	“There is a strong emphasis on social-emotional learning, identifying/expressing feelings, and relationship development.”



“The entire curriculum is reflective of trauma-informed practices. Bibliographies include numerous books about fears, worries, adjustment, etc. The curriculum is intentional in promoting **equity, inclusion for special needs students, and language and cultural considerations. Adverse childhood experiences are mentioned in the context of poverty, racial injustice, abuse, community violence, substance abuse, etc.** Additionally, teachers are given tips in how to write objective observation notes and engage in reflective practice.”

Read the full review with specific examples from *The Creative Curriculum® for Texas* [here](#). This Trauma-Informed Review was conducted by Janet Pozmantier, Founding Director, Center for School Behavioral Health, Mental Health America of Greater Houston