



AI's Pals™

Kids Making Healthy Choices

by  Teaching Strategies®

Dear families,

Hi, it's AI! Congratulations on participating in almost a whole year of AI's Pals™ with your child! We have learned so many things together and feel stronger and healthier all the time. Thank you for talking with your child about all of the important topics we have explored.

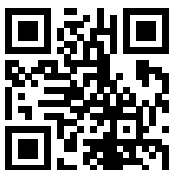
In the last part of our year, we are learning how to solve problems that arise in our classroom and with our classmates. We have learned problem-solving steps that help us figure out what to do. Here are the steps that help us practice problem-solving.

1. Stop! Think! What's the problem?
2. Say how you feel.
3. Brainstorm ideas.
4. Try the best one.
5. What happened? If it did not help, try another idea.

We have learned a new song called “Stop! Think!” that helps us remember the problem-solving steps. Maybe you and your child can listen to it together! On the next page, you will find the *Problem-Solving Steps* poster. Consider displaying this poster in your home to review with your child and support them to solve problems.

Your problem-solving pal,

AI



Sing **Stop! Think!**
from the AI's Pals™
Songbook by scanning
this QR code.

Problem-Solving Steps

1

Stop! Think!
What's the problem?



2

Say how you feel.



3

Brainstorm ideas.



4

Try the best one.



5

What happened?
If it did not help, try another idea.



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