

Objective 4

Demonstrates traveling skills

Related Objectives: 4, 8a, 8b, 9a, 9b, 16b, 17b

What You Do

1. Recite the following chant:

[Bounce], [bounce] up and down.
Let me see you [bounce] on the ground.
[Bounce] to the left, [bounce] to the right.
[Bounce], [bounce], [bounce] with all
your might!

2. Repeat the chant incorporating different movements, e.g., stomp, hop, jump, tiptoe, gallop, skip, trot.

- **Recite the chant in different ways,** e.g., fast, slow, loud, quiet.
- **Invite the children to demonstrate actions to include in the song.**
- **Write the chant on the board and fill in the action words each time you recite the chant. Draw the children's attention to the sounds of the letters as you write.**